



*Atelier Esthétique*  
*Institute of*  
*Esthetics*

386 Park Avenue South New York, NY 10016

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[www.AEInstitute.net](http://www.AEInstitute.net)

**ADVANCED CLASS OFFERINGS**  
**2010**

## 75-HOUR ESTHETIC LASER SPECIALIST

10 days of training and a complete program of Theory and Hands-On Practice in Hair Removal and/or Skin Rejuvenation. Or, Week One, 5 day Laser/IPL Hair Removal Course and a separate, Week Two, 5 day Laser/IPL Skin Rejuvenation, Hyperpigmentation, Spider Veins, Redness Course.

Students Will Learn:

- On different state-of-the-art laser and IPL machines
- Laser Safety (Laser Safety Officer Training)
- Laser and IPL Hair Removal
- Photofacial
- Skin Rejuvenation
- Working with Live Models

**Sunday –Thursday, 10:00AM – 6:00PM**

**WINTER** 1/24-28/2010 - **Week One only.**  
**SPRING** 3/7-18/2010  
**SUMMER** 6/13-24/2010  
**FALL** 10/17-28/2010

### **Educational Expenses:**

Registration Fee (non refundable).....	\$ 100.00
Educational Materials and Hand-Outs Including 8.38% Sales tax.....	\$ 250.00
<u>Tuition.....</u>	<u>\$ 4650.00</u>
<b>Total Cost .....</b>	<b>\$ 5000.00</b>

OR take the two sections separately at:

Registration Fee (non refundable).....	\$ 100.00
Educational Materials and Hand-Outs Including 8.38% Sales tax.....	\$ 250.00
<u>Tuition.....</u>	<u>\$ 2400.00</u>
<b>Total Cost .....</b>	<b>\$ 2750.00</b>

## **Manual Lymphatic Drainage (MLD)**

### **Course 1: Dr. Vodder's Basic Neck & Face**

**20 Hours - CERTIFICATE AWARDED WILL BE RECOGNIZED BY THE DR. VODDER SCHOOL OF AUSTRIA**

#### **Course Offering includes:**

Easily incorporated into a repertoire of basic skin care, Dr. Vodder's Manual Lymphatic Drainage (MLD) encourages the elimination of metabolic waste while accelerating the flow of fresh oxygen and nutrients. Lecture details the basic anatomy and physiology of the lymph vessel system, MLD's effects, indications and contraindications. Practical training includes instruction in neck and face routines. (20 hours)

MLD is the perfect bridge between esthetics and therapy - a modality which delivers relaxation, rejuvenation, detoxifying drainage and skin healing. Perfect for post-surgery face and neck swelling.

You will learn (theory and practical)

- function of the lymph system
- mobilizing lymph
- detoxification
- lymphatic vessels and their locations
- clinical case studies
- indications and contraindications

Taught by: Anne Bramham

A respected industry mentor with more than thirty years of professional experience as a consultant, designer and trainer of spa & esthetic therapies, Anne Bramham is the founder of ASTECC (American Spa Therapy and Education Certification Council) and an instructor for the Dr. Vodder School of North America. Anne has introduced Dr. Vodder's training to top spa destinations throughout the US including the award winning Montage Resort and Spa and Canyon Ranch. With extensive

experience in all facets of skin care including post cosmetic surgery, Anne's teaching explores the many applications of MLD.

**October 10-12, 2010 (Sunday & Monday: 8:30AM-5:30PM; Tuesday 8:30AM-12:30PM)**

Watch for the Fall Class Date

#### **Educational Expenses:**

\$595, Includes the \$55 DVD, Workbook and Vodder Licensing Fee

## **Manual Lymphatic Drainage (MLD)**

### **Course 2: Dr. Vodder's Advanced Neck & Face**

**20 Hours - CERTIFICATE AWARDED WILL BE RECOGNIZED BY THE DR. VODDER SCHOOL OF AUSTRIA**

#### **Course Offering includes:**

Designed to broaden understanding of the lymph vessel system and to introduce specific therapeutic techniques, Advanced Neck & Face focuses on skin rejuvenation, pre and post cosmetic surgery and the treatment of common conditions such as acne, rosacea and skin irritations. (20 hours)

**October 12-14, 2010 (Tuesday: 1:30PM-5:30PM; Wednesday & Thursday: 8:30AM-5:30PM)**

Watch for the Fall Class Date

#### **Educational Expenses:**

\$525

***Sign up for both Course 1. Basic and Course 2. Advanced Classes and Save \$100.00***

## **Paramedical Esthetics**

### **75 Hour Diploma Course**

Take your career to a new level, earn more money, extend your potential to new heights.

Develop the skills in demand to work in doctors' offices and the medi-spa industry.

After completing this course you will have gained additional professional skills, knowledge, and training that will allow you to work at an Advanced Level.

Atelier Esthetique Institute of Esthetics is the first in New York to offer this extensive Diploma Course to Licensed Estheticians and Cosmetologists, Licensed RNs, LPNs, Physicians' Assistants and Physicians.

These added studies will enable you to rise to the top of your career and increase your salary potential.

The business of esthetics is no longer a casual trade. You need education to keep up with the demands of the industry and to be able to assist dermatologists and plastic surgeons. Estheticians working in a medical setting are required to provide advanced clinical treatments for patients using high-tech ingredients and technology.

#### **Course Offering includes:**

- ADVANCED ANATOMY AND PHYSIOLOGY
- MICROBIOLOGY SAFETY & HEALTH
- ADVANCED COSMETIC CHEMISTRY
- PHARMACOLOGY
- MEDICAL TERMINOLOGY
- MEDICAL & LIFESTYLE ASSESSMENT
- NUTRITION
- MEDICALLY TREATED CONDITIONS & TREATMENT
- CLINICAL SKIN CARE AND ADVANCED FACIALS
- LED LIGHT THERAPY AND OVERVIEW OF LASERS
- ASSISTING THE PHYSICIAN

**5 Weekends-Sundays & Mondays, 10:00AM - 6:00PM**

**SPRING**      5/2-6/7/10 (Memorial Day Weekend Off)  
**FALL**         9/12-10/11/10

#### **Educational Expenses:**

- |                                       |                  |
|---------------------------------------|------------------|
| • Registration Fee: Non-refundable    | \$ 100.00        |
| • Educational Materials and Hand-Outs |                  |
| Including 8.875% Sales tax:           | \$ 250.00        |
| • Tuition:                            | <u>\$1650.00</u> |
| <b>Total Cost:</b>                    | <b>\$2000.00</b> |

**ITEC (International/London Diplomas)**  
**BEAUTY SPECIALISTS AND FACIAL**  
**ELECTRICAL TREATMENTS**

Are You Interested in Working Abroad?

Atelier Esthétique Institute of Esthetics is proud to be the first American school affiliated with the International Therapy Examination Council, or "ITEC".

ITEC is the largest multi-disciplinary international examination board, issuing 28 professional diplomas that are recognized and respected by employers in more than 30 countries. ITEC's diplomas are widely considered to be the highest professional standing that an esthetician can currently hold, and they are easily transportable from country to country. Presently, they are widely considered to represent the highest esthetic quality in Europe, Asia, Australia and Africa, enabling members to work in a wide variety of spas, salons, resorts, cruise liners, TV/theatre make-up, holistic centers, clinics, medical esthetics, and other health and leisure centers worldwide.

In 2004, ITEC expanded its global span even more by introducing their education and testing program to the United States in affiliation with Atelier Esthétique Institute of Esthetics. This addition will quickly add the U.S. to the list of

countries where an international diploma is not a novelty, but a necessity for denoting excellence in esthetics. In fact, some U.S.-affiliated companies, such as Steiner Cruise Lines, which is based in Miami, are already requiring that their estheticians be ITEC-certified.

10:00AM – 6:00PM

**Spring 2010**  
3/22-4/9/2010  
Mon - Fri

**Summer 2010**  
8/1-19/2010  
Thurs - Mon

**Fall 2010**  
11/1-19/2010  
Mon - Fri

**Course Offering Includes:**

**BEAUTY SPECIALISTS**

MICROBIOLOGY, SAFETY AND HEALTH  
ANATOMY, PHYSIOLOGY, HISTOLOGY  
MEDICAL, LIFESTYLE ASSESSMENT AND  
NUTRITION

ADVANCED FACIALS AND BODY TREATMENTS

ADVANCED FACIALS AND UPPER BODY MASSAGE

MASKS

ADVANCED MAKEUP

ADVANCED WAXING

PROFESSIONAL CONDUCT

**FACIAL ELECTRICAL TREATMENTS**

Overview of Manual and Mechanical Lymphatic  
Drainage

Advanced Mechanical and Electrical Devices

Microcurrent Technology



## **CHEMICAL EXFOLIATION**

**Chemical Exfoliation Treatments, learn how to use Glycolic, Salicylic Acid, Jessner's and Enzymes**

Evens skin tone, smoothes rough skin, softens fine lines, tightens pores, and reduces oiliness.

Taught in conjunction with a major Peels Company

### **Course Offering Includes:**

Definition of Types of Exfoliation

State Regulation of Scope of Practice

Review of FDA Role in Classification Cosmetics, Drugs

Structure of the Skin, Aging, Skin Disorders, and Skin Cancer

Client Medical History, Consultation, Doc and Skin Evaluation

Precautions and Contraindication to Treatment

Indications for Treatment

Pre Treatment Protocol

Chemical Exfoliation Treatment Protocol (demonstration)

Post Treatment Protocol

Recommended Home Care and Client Follow-up

Hands-On Practice of Chemical Exfoliation Procedure

### **10:00AM – 6:00PM**

**WINTER** 2/28-3/1/2010 Sunday and Monday

**SPRING** 4/18-19/2010 Sunday and Monday

**FALL** 10/30-31/2010 Saturday and Sunday

**WINTER** 12/5-6/2010 Sunday and Monday

**Fee: \$375**

**Non-refundable Registration: \$25**

## **AROMATHERAPY/ESSENTIAL OILS**

### **Essential Oils and the Healing Process**

#### **Course Offering Includes:**

History

Chemistry

Natural/Botanicals. Synthetics

Use of Essential Oils

Hands-On Practice of

AROMATHERAPY/ESSENTIAL OILS Procedure

### **Sunday and Monday, 10:00AM – 6:00PM**

**WINTER** 12/12-13/2010

**Fee: \$375**

**Non-refundable Registration: \$25**

## Spa-Salon-Professional Operations

**Spa Management Solutions in conjunction with Atelier Esthétique Institute is Now Offering An Intensive Two-Day Certificate Seminar on Becoming a Spa Manager, Department Head or Training Director**

Learn the latest techniques from one of the country's foremost experts: Tammy Pahel, President of Spa Management Solutions.

Tammy Pahel has over 17 years experience as a Spa Director for some of the largest, most renowned spas in the U.S.A., including Caesars Palace in Las Vegas, The Turnberry Isle Resort in South Florida, and Nemaocolin Woodlands in Pennsylvania. Ms. Pahel will share her wealth of knowledge and experience with you. Are you interested in managing a profitable esthetics business? This is your opportunity to learn from the best! Discover the secrets that multi-million dollar corporations are paying to learn.

### Course Offering Includes:

- Interviewing/Hiring Skills
- Business and Marketing Plans
- Budgets and Financial Management
- Basic operations of the five departments within a spa
- Problem solving and conflict resolution management
- Learn about budgets, business and marketing plans, financial management, job descriptions and problem solving and much more!

Attendees will also receive \$200 worth of printed materials!

**Sunday and Monday, 10:00AM – 6:00PM**

**WINTER** 1/17-18/2010  
**FALL** 10/3-4/2010

**Course Fee: \$595**

# Microdermabrasion

## Certificate 15-Hour Course

Theory and Hands-On; Written Exam

Exfoliates dead skin, Diminishes sun damage, pigmentation, open and closed comedones, fine lines and wrinkles, and coarse textured skin.

Course Offering Includes:

- Definition and Types of Exfoliation
- Introduction to Microdermabrasion
- State Regulation and Scope of Practice
- Review FDA's Role in the Classification of Machines
- Review Standard Safety Precautions
- Chemistry of Skin as it Relates to Microdermabrasion
- Client Medical History, Consultation, and Skin Evaluation
- Contraindications to Treatment
- Pre-Treatment Protocol
- Microdermabrasion Treatment Protocol (includes demonstration)
- Post Treatment Protocol
- Recommended Home Care
- Client Follow-up
- Review: Questions and Answers
- Hands-on Practice of Microdermabrasion Procedure

**10:00AM – 6:00PM**

<b>WINTER</b>	1/31-2/1/2010 Sunday and Monday
<b>SPRING</b>	4/25-26/2010 Sunday and Monday
<b>SUMMER</b>	6/27-28/2010 Sunday and Monday
<b>SUMMER</b>	8/29-30/2010 Sunday and Monday
<b>FALL</b>	11/21-22/2010 Sunday and Monday

**Fee: \$375**

**Non-refundable Registration: \$25**

## Microcurrent Technology

Theory and Hands-On; Written Exam

Did you know Microcurrent treatment can:

- Trigger chemical reactions at the cellular level
- Enhance the production of natural collagen and elastin
- Immediately smooth, firm and hydrate the skin
- Reduce fine lines and wrinkles

Course Offering Includes:

- \* Electricity
- \* Treatments
- \* Indications
- \* Contraindications
- \* Procedures
- \* Techniques
- \* Hands-on Practice of Microcurrent

**Call today (800) 626-1242**

**10:00AM – 6:00PM**

<b>WINTER</b>	2/7-8/2010 Monday and Tuesday
<b>SPRING</b>	4/5-6/2010 Monday and Tuesday
<b>SUMMER</b>	8/15-16/2010 Sunday and Monday
<b>FALL</b>	11/15-16/2010 Monday and Tuesday

**Fee: \$375**

**Non-refundable Registration:\$25**

# WAXING/SUPERFLUOUS HAIR REMOVAL

## 75 Hour Licensure Course for New York State License

Get all the hands on experience and learn all you need to know to become a waxing specialist, in just 75 hours. In New York State, only those with a cosmetology, esthetics, or special waxing license are permitted to perform waxing. This course is offered a few times per year.

**Sunday and Monday, 6:15PM - 10:00PM**

<b>WINTER</b>	1/17-3/22/2010
<b>SUMMER</b>	6/6-8/16/2010
<b>FALL</b>	9/19-11/22/2010

### Educational Expenses:

- |  |                  |
|--|------------------|
| • Registration Fee: Non-refundable                                   | \$ 100.00        |
| • Educational Materials and Hand-Outs<br>Including 8.875% Sales tax: | \$ 250.00        |
| • Tuition:   | <u>\$1650.00</u> |
| Total Cost:  | \$2000.00        |

# SPECIALIZED TRAINING

FOR TRAINING NOT OTHERWISE OFFERED BY  
Atelier Esthétique Institute of Esthetics

**INDIVIDUAL  
BY ARRANGEMENT  
ON SITE \$75-\$200 PER HOUR PLUS EXPENSES  
AT ATELIER \$25 -\$100 PER HOUR**

**GROUP  
BY ARRANGEMENT  
ON SITE \$1500 PER DAY PLUS EXPENSES  
AT ATELIER \$1000 PER DAY**

## **BRAZILIAN (BOYZILIAN) BIKINI WAXING (FOR MEN)**

**10:00AM – 6:00PM**

*Learn from an expert in the field!  
You will learn proper positioning, draping and proven  
waxing technique to ensure a successful Brazilian  
Bikini Wax.*

*Students must provide their own model. Both student and  
model must understand that male and female Waxing  
Specialists and Estheticians will be present.\**

*Course Offering Includes:*

Safety and Health  
Skin Structure, Disorders and Diseases  
Waxing Review  
Pre and Post Care  
Brazilian Bikini Waxing

Material is presented in lecture and clinical practice.

**Tuesday, 10:00AM - 6:00PM**

**WINTER** 3/9/2010  
**SUMMER** 8/16/2010  
**FALL** 11/23/2010

**Fee: \$275**

**Non-refundable Registration Fee: \$25**

**\*Waxing Specialists and Estheticians must have non-  
strip wax experience. Please speak with Ms. Hanson  
for more detail.**

## **BRAZILIAN BIKINI WAXING (FOR WOMEN)**

**10:00AM – 6:00PM**

*Learn from an expert in the field!  
You will learn proper positioning, draping and proven  
waxing technique to ensure a successful Brazilian  
Bikini Wax.*

*Students must provide their own model. Both student and  
model must understand that male and female Waxing  
Specialists and Estheticians will be present.\**

*Course Offering Includes:*

Safety and Health  
Skin Structure, Disorders and Diseases  
Waxing Review  
Pre and Post Care  
Brazilian Bikini Waxing

Material is presented in lecture and clinical practice.

**Tuesday, 10:00AM - 6:00PM**

**WINTER** 3/2/2010  
**SUMMER** 8/9/2010  
**FALL** 11/16/2010

**Fee: \$275**

**Non-refundable Registration Fee: \$25**

**\*Waxing Specialists and Estheticians must have non-  
strip wax experience. Please speak with Ms. Hanson  
for more detail.**

# **EYEBROW DESIGN SPECIALIST**

**Certificate Course**

**Sunday, 10:00AM - 6:00PM**

**SUMMER 8/8/2010**

**Fee: \$275**

**Non-refundable Registration Fee: \$25**

Taught by our Master Instructor, Ms. Nivea Cruz.

Call office for more information.